



My Costa Rica

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My Costa Rica !
info@costarica.org

2 Adults

Itinerary: I 5851/2018
Reservation number: 19394
San José, COSTA RICA, 06/15/2018

Birding in Costa Rica Eco-Zones!

March-01-2019 - March-12-2019 (12 Days, 11 Nights) - 2 Adults

Please find below your custom travel itinerary for your upcoming trip to Costa Rica. This itinerary can be modified anyway you'd like to better suit your needs, interests and budget. If you would like to see more information about your hotels or tours, you will be able to find it on our website CostaRica.org. We want you to be 100% satisfied with your travel itinerary, so please let me know if there are any changes you'd like to make.

03/01/2019 **Met by My Costa Rica Representative - Excursion**
PAX: 2

A representative from our company will be waiting outside of the airport when you arrive with a sign with your name on it. She will provide you with a welcome package that includes all the information you need for your vacation here in tropical paradise. They will get you to your transportation and your trip in Costa Rica will begin.



03/01/2019 00:00 **Private Transfer from San Jose Airport to San Jose**
PAX: 2

Enjoy your transportation from Juan Santamaria International Airport to your Hotel.



+1-800-996-1139 (Toll Free)

+506-4052-2140 (Costa Rica)

info@costarica.org

03/01/2019-03/02/2019
PAX: 2

Bougainvillea - Junior suite, Jr Garden View

Stay at the [Hotel Bougainvillea](#)

At the Hotel Bougainvillea you will easily forget that you are just 15 minutes from downtown or the airport in San José. Set amidst the coffee farms of Santo Domingo de Heredia, the hotel has extensive gardens dominated by mature trees and brightened by tropical flowers and offers 81 deluxe rooms, a picturesque outdoor pool, tennis courts, a fitness center, an epicurean restaurant and a bar. **Breakfast included.**



03/02/2019 00:00
PAX: 2

Private Transfer from San Jose to Turrialba

Sit back and enjoy the lush greenery on your way from San José to Turrialba. Your private transfer will reach Rancho Naturalista in approximately 2 hours and 30 minutes.



03/02/2019-03/05/2019
PAX: 2

Rancho Naturalista - Room, Lodge & Casita

Stay at [Rancho Naturalista](#)

Rancho Naturalista is located in the Caribbean slope in the Cordillera Talamanca, about 1/2 an hour away from the small town of Turrialba. The lodge is placed in 125 acres of untouched and protected Caribbean slope rainforest. Within the grounds you will find semi-wooded pastures, mountain streams and the beauty of wildlife all around you. Rancho Naturalista gives you access to great trails in diverse sections of the forest, whether you're looking for a peaceful nature walk or a breathtaking hike. Rancho Naturalista has it all. The forest contains two popular parts for bird watching, Hummingbird Feeders and Hummingbird Pools, giving you spectacular close-up views of the signature bird of Rancho Naturalista: the Snowcap. This adventurous voyage will fulfill all your naturalist dreams! **All meals included.**



03/03/2019
PAX: 2

Morning Birding Tour - Excursion, Morning time

The birding activity starts early in the morning at sunrise when the birds become active. Most mornings you will meet with other birders on the balcony for a quick cup of coffee or tea at dawn. Then it's birding on the balcony to see what comes to the feeders, off to the insect light to see some of the insect feeding species like the Red-throated Ant Tanager, or birding around the lodge. You will come back for a full breakfast at 7:00 am. After breakfast you will head out on the trails in the private forest reserve to look for mixed species flocks. Several different species can be seen foraging together in the canopy and understory of the forest. Birdwatching in the rainforest can be challenging and will take some skills. You will probably spend all morning in the forest moving quietly along a trail to watch and listen for the birds. If you are looking for a certain species, you can talk to a guide who will be happy to give you advice on where to see it, or you can hire a guide to maximize your birding experience. Then it's back to the lodge for a delicious and healthy lunch.



03/04/2019
PAX: 2

Rio Tuis Valley Birding Tour - Excursion, Regular

You can hike the trail into the vast forest reserve (4113 ha) of the Zona Protectora Rio Tuis for just a few hours to an entire day. The birding is excellent all along! Great mixed tanager flocks and a variety of raptors are always present, while higher up you can find Azure-hooded Jays, and Spangle-cheeked Tanagers. It is also the most reliable locale in the country to try your luck for the enigmatic Lanceolated Monklet.



03/05/2019 00:00
PAX: 2

Private Transfer from Turrialba to San Gerardo de Dota

03/05/2019-03/08/2019
PAX: 2

Trogon Lodge - Room, Standard

Stay at **Trogon Lodge**

Located approximately 90 minutes from San Jose, this beautiful Cloud Forest Lodge is THE place in Costa Rica to view the beautiful Quetzal. High in the amazing Talamanca mountain range, the Trogon Lodge offers a relaxing, moderately priced refuge for those looking for some great nature hiking, birdwatching and beautiful scenery! Beautiful mountain cabins, delicious, home cooked food and a great new spa and remodeled bar complete this charming lodge. A great Cloud Forest destination!

Includes Breakfast



03/06/2019
PAX: 2

Quetzal Bird Tour - Excursion, Regular Quetzal Bird Tour

Birdwatching is one of our main attractions... the beautiful environment of biological corridors make this attractive region a paradise, where more than 170 species of birds peacefully coexist with man. Various migratory species arrive throughout the different seasons of the year, joining the native species to add still more colorful views for birdwatchers. Among the visitors are the Orioles, Warblers, Tennessees and Raptors - while their native hosts include Long-tailed Silky-Flycatcher, Yellow-winged Vireo, the Flame-throated Warbler, Black-cheeked Warbler, Yellowish Flycatcher, Barred Becard, Tufted Flycatcher, Silvery-fronted Tapaculo, Zeledonia, Torrent Tyrannulet, Collared Trogon, Scintillant Hummingbird, Volcano Hummingbird, Fiery-throated Hummingbird, Spotted Wood-Quail, and of course the most wanted Resplendent Quetzal. In the highlands of the Paramo one can find the Volcano Junco and Timberline Wren. **Included:** Bilingual guide. **What to bring:** Hiking boots or tennis shoes, short or long pants, sweater, rain-jacket or poncho, sun block, hat or baseball cap and drinking water.



03/07/2019
PAX: 2

Bird Watching Tour in San Gerardo de Dota - Excursion, Regular

Highlighted in the classic guide, "Fifty Places to go Birding Before You Die," the valley of San Gerardo is a wonderful place to observe the more than 150 species that are found in the valley. Over 30% are endemic, such as the long tailed silky-flycatcher (*Ptilogonys caudatus*), fiery-throated hummingbird (*Panterpe insignis*), black-faced solitaire (*Myadestes melanops*) and collared redstart (*Myioborus torquatus*). **What to Bring:** binoculars, walking shoes, poncho, and camera.



03/08/2019 00:00
PAX: 2

Private Transfer from San Gerardo de Dota to Jaco

03/08/2019-03/11/2019
PAX: 2

Cerro Lodge - Room, Bungalow

- Stay at [Cerro Lodge Tarcoles](#)

Located in Tarcoles, Puntarenas Cerro Lodge Tarcoles offers guests comfortable and luxurious rooms while staying in this stunning area. During your stay here you will enjoy seeing panoramic views of the Pacific Ocean. The popular beach town of Jaco is an easy ride from the hotel. This hotel won Trip Advisor's Certificate of Excellence in 2013 and when you stay here you will see why! The hotel has 10 bungalows and 10 rooms all with private bathrooms and A/C. Take a relaxing dip in the swimming pool after spending the day birding in the Tarcoles river or the nearby Carara National Park. **Breakfast included.**



03/09/2019
PAX: 2

Carara National Park - Excursion, Regular

This incredible protected area measures about 4,700 Hectares and is home to approximately 48% of Costa Rica's aviary species. This Jaco tour will show you the importance of the region, as it is situated in a transitional region between the tropical dry forest and the humid pacific rainforest. This Jaco tour showcases colorful species of flora and fauna from a varied ecosystem. You will be able to spot the Scarlet Macaw, Collared Aracai and various monkey specimens. The tour operator will provide transportation that will pick you up from your lodging establishment and drive 20 minutes to Carara National Park. At the end of the tour your operator will arrange transportation to take you back to your hotel. **What to Bring:** light comfortable clothing, walking shoes, sun block, insect repellent, hat, camera and binoculars. **Tour Includes:** transportation, bilingual naturalist guide, national park entrance fee and bottled water.



03/10/2019
PAX: 2

Tarcoles Mangrove Birding Tour (+4) - Excursion, Regular

The Tarcoles River and its mangroves are an extraordinary birding area. This location marks the northern limit of the Pacific Rainforest and it is also here where the Tropical Dry Forest from the north stops. This important aspect of habitats converging into one spot produces an incredible biodiversity. Carara and Tárcoles then contain a wonderful sample of species proper of wet tropical pacific habitats and species that would be common in the drier areas of the northwest of Costa Rica. Over 400 species of birds have been registered in the area. **The Tarcoles River** offers great habitats too; the best way to explore this is by boat. The mud flats and the mangroves contain a vast number of shorebirds, seabirds, and mangrove specialties. American Crocodiles are very abundant and it is typical to find 13 feet long individuals. The mangroves are quite important and are home to Mangrove Vireo, Mangrove Cuckoo, the endemic Mangrove Hummingbird, Mangrove Warbler, Rufous-necked Wood-Rail, Panama Flycatcher, and American Pygmy-Kingfisher to just mention a few. Other good birds include Double-striped Thick-Knee, Roseate Spoonbill, Southern Lapwing, Black-necked Stilt, Boat-billed Heron, Common Black-Hawk, White Ibis, Magnificent Frigatebird, Bare-throated Tiger-Heron.



03/11/2019 00:00
PAX: 2

Private Transfer from Jaco to San Jose

Enjoy your private transfer to Costa Rica's capital San José as you are leaving the wide cove, in which Jaco is located behind. It will take approximately 1 hour and 45 minutes.

03/11/2019-03/12/2019
PAX: 2

Bougainvillea - Junior suite, Jr Garden View

Stay at the [Hotel Bougainvillea](#)

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03/12/2019 00:00
PAX: 2

Private Transfer from San Jose to San Jose Airport

Enjoy your transportation from your Hotel to Juan Santamaria International Airport.



TOTAL: 4,594.00 USD

Payment & Cancellation Polices

We can accept a 25% deposit to book your trip with the balance due 60 days before arrival through credit card or bank wire transfer. Deposits are non-refundable, but can be applied to a future trip in the event of a cancellation. If client cancels reservation 60 days or more prior to 1st day of travel, they will be refunded 75% of the package price (30 days = 50%, 15 days = 25%, less than 15 days = no refund). My Costa Rica will not be held responsible for those passengers arriving without the correct Passport and Visa requirements to enter Costa Rica.